



## *JOURNEYING TOGETHER*

### *A weekly email newsletter of Shalom Mennonite Church*

*\*\* To view graphics and a more colorful version, open the attached pdf file. \*\**

**JULY 8, 2026**

### **CALENDAR**

Wed, July 15: Wild Church, 10 am (CLC)  
Sun, Jul 19: 3<sup>rd</sup> Sunday Fellowship Meal  
Thu, Aug 6: Shalom Sisters Lunch, 11:30 am (CLC)  
Sat, Oct 3: Annual Retreat @ Jameson Camp

### **ADMINISTRATION**

Mike Wigginton (chair), Andrew Martin, Carl Rhine

### **COMMUNITY LIFE: RELATIONSHIPS AT SHALOM**

Linda Showalter (Chair), Bethany Martin, Beverly Smith  
Pastoral Representative:

### **Celebrations! (Wednesday – Wednesday)**

Fri, July 10: Rod Maust  
Tue, July 14: Andrew Martin & Melissa Walsh, 2018



Wild Church will meet at the Virginia B. Fairbanks park (100 acres at Newfields, the Indianapolis Museum of Art) on Wednesday, July 15 at 10 a.m. The prairie should be in full bloom. We will enjoy a walk through it. Recently, there has been some pushback on Tallamy's suggestion that we plant native plants in our yards. We will discuss the issue. Bring your thoughts and a chair, if you have one.



The next Shalom Sisters Lunch will meet at Iozzo's Garden of Italy, 946 S. Meridian, 11:30 am on Thursday, August 6.

## DISCIPLING: GROWING IN OUR RELATIONSHIPS

Cheryl Martin (chair), Wilma Bailey, Matt Bauman  
Pastoral Representative:

**Teacher needed for 1st-3rd grade class starting August 23:** Explore all the good that God promises using the Shine curriculum to read, create, sing, and pray with our inquisitive, caring young elementary students. Talk to Laura to learn more.

The summer schedule for Sunday school is planned as follows:

July 12 – Intergenerational meeting in the fellowship hall with Cheryl

July 19 – Antiracism Sunday – Intergenerational meeting in the fellowship hall with Barbara

July 26 – Intergenerational meeting in the fellowship hall with Cheryl

August 2 – Intergenerational meeting in the fellowship hall with Melissa and Andrew

August 9 – Adults meet in the auditorium with Jeanne for Child safety

Young children will meet with Abri and older children will fill school kits with Carol

August 16 – Antiracism Sunday

Young children will meet with Abri and older children will fill school kits with Carol

## OUTREACH: RELATIONSHIPS BEYOND SHALOM

(chair), Becky Wigginton  
Pastoral Representative:



**Ready for  
a challenge?**

**the school kit  
CHALLENGE**

Let's pack 30,000 school kits for  
30,000 kids around the world!

Win a pizza party by joining  
our social media contest.  
Find details and more here.

**LEARN MORE!**



MCC

Palmira,  
Cuba

**School Kits for MCC:** Although summer is just starting, we'll soon be ready to begin gathering items for MCC school kits so our kids can put them together on August 9 and 16. Please bring the following items:

## Contents (NEW items only)

- 4 spiral or perforated-page notebooks
    - 8.5 in x 10.5 in; 70 sheets each (US)
  - 8 new unsharpened pencils
  - ~~1 ruler~~ – have enough
  - 12 colored pencils (in packaging)
  - 1 large eraser
  - 4 new black or blue ballpoint pens
  - ~~1 small all-metal pencil sharpener~~ – have enough
- there are enough pencil sharpeners and rulers

## SPIRITUAL GIFTS DISCERNMENT TEAM

Jim Showalter (chair), Angie Buller  
VAT Representative: Andrew Martin

## Changes to the Administration Commission effective September 1.

**Carl Rhine** (chair); **Chris Deiter** (member). We invite your affirmations and comments.

## VISION AND ACCOUNTABILITY TEAM (VAT)

Nizeet Deiter (Chair), Andrew Martin (Vice-Ch) Sam Bixler, Charity Bauman, Abri Hochstetler  
Pastoral Representative:

## WORSHIP: OUR RELATIONSHIP WITH GOD

Melissa Walsh Martin (chair), Justin Hochstetler, Jeanne Smucker  
Pastoral Representative:

On July 12, and August 2, 9, 23, and 30 Phil will be preaching sermons based on the "Six Practices that Grow Faith at Home". Attached is a handout for those weeks.

**Last Sunday, 7/5**, Phil brought the message from Luke 24:13–35.

**This Sunday, 7/12**, Phil will bring the message from Luke 11:1–13.

**Next Sunday, 7/19**, Wilma will bring the message.

## This week's Prayer List

- **Church:** *First Mennonite Church* was the first Mennonite Church established in Indianapolis. First Mennonite then planted Shalom in the 1990s.
- **Organization:** *Peter and Delicia Bravo Wigginton* are missionaries from our congregation who work with the Mennonite churches in Ecuador. Contacts: Jeanne and Martha

## PERSON OF COLOR BIO

July is National Minority Mental Health Awareness Month, a time to highlight and discuss challenges in accessing and maintaining mental health care for Americans of racial and ethnic minority backgrounds. The bi-partisan recognition of July as the month in which we recognize that not all people have or share the same health care experiences in America, first started in 2008 in celebration of the work of Bebe Moore Campbell.

Bebe Moore Campbell (1950–2006) was a celebrated novelist and mental health advocate renowned for bringing attention to racial injustices and the unique mental health struggles underrepresented groups face in the United States.



Courtesy of Biography Resource Center

Ms. Campbell was an activist who worked to overcome the various barriers faced by people of minority backgrounds in understanding and accessing mental health care. She later co-founded the National Alliance on Mental Illness (NAMI) Urban Los Angeles and worked to change the way in which the mental health care system interacts with people of color.

Though National Minority Mental Health Awareness Month was first recognized in 2008, there are still significant differences in the way mental health care is viewed and delivered to people of different backgrounds and experiences. The National Institute of Mental Health reports that in 2022, one in five, or 59 million U.S. adults, were living with a mental illness.

Health care (including mental health) disparities exist across the country, driven by underlying economic, social, and cultural factors.

A closer look reveals that across ethnic groups distinct disparities exist in reporting of mental illness and in receiving treatment. According to Kaiser Family Foundation (KFF) in its report on Racial and Ethnic Disparities in Mental Health Care found:

*“Reports of any mental illness in the past year remain lower among Hispanic, Black, and Asian adults compared to White adults. However, mental illness among people of color may be underdiagnosed due to the lack of culturally sensitive screening tools, coupled with structural barriers to care, with previous research pointing to racial disparities in receipt of mental health services.*

*“Among adults who report fair or poor mental health, White adults (50 percent) are more likely to say they received mental health services in the past three years compared with Black (39 percent) and Hispanic adults (36 percent). People of color also are more likely to report experiences of racism and discrimination, which are associated with worse mental health and well-being.”*

<https://myersandstauffer.com/insights/national-minority-mental-health-awareness-month/>



Have something to give away? Need something? Skills needed or to share? Tools needed or to share?

We have a gas grill and a rototiller we are no longer using. They are free to the first person(s) who want to come get them. One or both. Call Cheryl at 913-375-6264 or Jim at 913-375-6270 to arrange pick up.

## ROUTINE INFORMATION

Send email to [office@shalommennonite.com](mailto:office@shalommennonite.com) for the following:

- **Church calendar** (Grace Rhine)
- **To upload minutes** on the church website. (Carl Rhine)
- **Zoom** (Grace Rhine)
- **Announcements for Journeying Together**, by 5 pm on Wednesday (Linda Showalter)
- **New/update church directory, email address list, or telephone numbers**, managed by Sam Bixler ([bixlersc@gmail.com](mailto:bixlersc@gmail.com))

- **Building Usage:** If you want to use the building for a meeting or event, please check the online calendar first to be sure it's open, then email the church office so your item can be added to the calendar. It's helpful to include the contact person and which parts of the building you expect to use.

**“Sharing Our Lives” weekly power point:** We invite photo submissions of events / hobbies / interests in your lives. Send pictures to Linda Showalter at [lindashowalter52@gmail.com](mailto:lindashowalter52@gmail.com) by noon on Saturday. It will run before and after the service.

**Bulletin Information:**

- Send announcements to [at lindashowalter52@gmail.com](mailto:at lindashowalter52@gmail.com) by Friday, 10 am.
- **Bulletins** are now attached with the Zoom link for those who are worshipping on Zoom. A link will continue to be sent out each week. If you have a prayer request or announcement you would like to share, ***type your request live into the chat*** feature on zoom and someone on the tech team will read it to the congregation at church.

**Youtube Channel:** In addition to our podcast, Shalom has a Youtube Channel. This is an easy way to share the good news with church members past and present, visitors and newcomers, and even outsiders. Check it out at [youtube.com/@shalommennonite55](https://youtube.com/@shalommennonite55).

**Video Recordings** (MP4) of our Zoom worship services are available online. A link to the worship service recordings is on the Member's page of our website.

Journeying Together is a weekly email newsletter of Shalom Mennonite Church  
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Pastor: Phil Schmidt (574) 500-4737, [phil@shalommennonite.com](mailto:phil@shalommennonite.com)

Vision & Accountability Team: Chair Nizeet Agular Deiter, Vice-Chair Andrew Martin

Congregational Reps: Charity Bauman, Sam Bixler, Abri Hochstetler